

IGNITE: WEEK 1

Creating New Habits in Business and Life

- Buy Your Planner

- Fill in your planner every day with your “BIG Goal”

- Carve out time in your schedule for “learning and implementation time”
 - Put a time block on your calendar for watching the weekly modules AND for implementation (2 hrs a week at least)
 - Make that a Recurring calendar appointment for yourself

Print out your “weekly huddle” sheets and put them in a binder (THIS is where you will TRACK and do a weekly meeting with yourself** Do NOT skip this!!)